BEFORE THE BOARD OF INDUSTRIAL INSURANCE APPEALS STATE OF WASHINGTON

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BARBARA L. WHEELER

DOCKET NO. 10 14316

CLAIM NO. AK-55755

PROPOSED DECISION AND ORDER

INDUSTRIAL APPEALS JUDGE: Robert H. Raymond, Jr.

APPEARANCES:

Claimant, Barbara L. Wheeler, by Williams Wyckoff & Ostrander, PLLC, per Wayne L. Williams

Employer, Pacific Coast Security, by Sedgwick CMS, per None

Department of Labor and Industries, by The Office of the Attorney General, per Courtlan P. Erickson, Assistant

The claimant, Barbara L. Wheeler, filed an appeal with the Board of Industrial Insurance Appeals on July 12, 2010, from an order of the Department of Labor and Industries dated July 6, 2010. In this order, the Department affirmed the provisions of an order dated May 3, 2010, which denied an application to reopen the claim. The Department order is **REVERSED-AND REMANDED**.

<u>ISSUE</u>

Whether the conditions proximately caused by Ms. Wheeler's industrial injury worsened, as demonstrated in part by objective evidence, between July 17, 2009, and July 6, 2010.

PROCEDURAL AND EVIDENTIARY MATTERS

On August 23, 2010, the parties agreed to include the Jurisdictional History in the Board's record. That history establishes the Board's jurisdiction in this appeal.

On November 15, 2010, the Department filed a motion for an examination of the claimant pursuant to CR 35, or, in the alternative, for an order continuing hearings in this matter. The motion was heard by Industrial Appeals Judge Robert H. Raymond, Jr., on November 29, 2010. By an interlocutory order dated November 29, 2010, the motion was denied.

The appeal was heard on January 6, 2011, before Industrial Appeals Judge Robert H. Raymond, Jr. at Olympia, Washington.

The deposition of Jeanne Boudrieau, ARNP, dated December 9, 2010, is published pursuant to WAC 263-12-117, with all motions and objections appearing therein being denied or overruled, respectively. Exhibit No. 1 to the deposition is remarked as Board Exhibit No. 1.

The deposition of Edward I. Dagher, M.D., dated February 8, 2011, is published pursuant to WAC 263-12-117, with all motions and objections appearing therein being denied or overruled, respectively.

Exhibit No. 1 is admitted.

EVIDENCE

Barbara L. Wheeler is a 62-year-old married woman. She stands five feet, two inches tall, weighs 190 pounds, and is right hand dominant. On June 26, 2009, she was working as a security officer at the Simpson Door Plant in McCleary, Washington, when she slipped on some sawdust while checking valve houses at the plant. Her right foot slipped and she slid down a hill with her right leg twisted under her body. She impacted her right ankle and knee. Her right foot was numb as she stood and tried to walk immediately after the fall.

She went to the emergency room at the Aberdeen Hospital, where x-rays of her leg, knee, and ankle were taken. She also saw her personal physician, Dr. Jackson, shortly thereafter. Dr. Jackson ultimately released her to work, and the claim was closed on July 17, 2009. She returned to work 12 days after the fall. Following closure of her claim she received medical care principally from Jeanne Boudrieau.

Ms. Wheeler testified that between July 17, 2009, and July 6, 2010, her conditions worsened. Her foot continued to go numb as she walked, she developed charlie-horses (cramps) in the back of her right calf and low back, and the pain moved into her right hip and low back. She also experienced muscle spasms in her hip and back, and on one occasion she was seen at the emergency room of Saint Peters Hospital where she received an injection to relax her muscles.

Jeanne M. Boudrieau is a registered nurse practitioner, licensed to treat patients in Washington State. She is employed by the Montesano Clinic. Ms. Boudrieau saw Ms. Wheeler for her right lower extremity, hip and low back conditions beginning on December 30, 2009. At the December 30, 2009 examination, Ms. Boudrieau found edema in the knee and evidence of possible right knee derangement. She next saw Ms. Wheeler on January 27, 2010. Ms. Wheeler reported a great deal of discomfort, reported having begun physical therapy and having bought a cane to use when she walked because she was concerned about falling, and reported that her knee felt achy and unstable, especially when going downstairs. Ms. Boudrieau noted edema and patellar femoral crepitus in the right knee on examination. The following day, January 28, 2010, Ms. Boudrieau, assisted Ms. Wheeler by preparing the physician's portion of an application to reopen the claim (Exhibit No. 1.) In that application, Ms. Boudrieau recited the following objective signs of worsening

 of Ms. Wheeler's conditions: (1) right patellar laxity; (2) 2+ effusion of the inferior patella; (3) positive McMurray's syndrome; (4) tight IT (ilio-tibial) band on the right; (5) tight L5 paraspinal musculature; and (6) spasm.

Ms. Boudrieau next saw Ms. Wheeler on March 1, 2010. Ms. Wheeler continued to complain of stiffness in her right leg, and she felt her knee to be "achy" and unstable. Ms. Boudrieau's examination noted that Ms. Wheeler looked better, the swelling in the knee had resolved, her hip had improved, but some tightness could still be felt in the IT band.

Ms. Boudrieau's diagnoses of these industrially related conditions included ankle and foot pain, unresolved; ankle and knee spasm, unresolved; muscle spasm in the right piriformis muscles, improved; unspecified derangement of the right knee, improved; and low back pain, resolved. She prescribed a hinged knee brace for Ms. Wheeler, and referred her for physical therapy for the right knee and ankle. Ms. Wheeler underwent 20 sessions of physical therapy between January 6, 2010, and March 18, 2010. Ms. Boudreau also testified that if Ms. Wheeler had reached maximum medical improvement for her industrially related conditions as of July 17, 2009, then based upon Ms. Wheeler's need for additional treatment while she was being seen and treated by Ms. Boudrieau, those industrially related conditions had worsened between July 17, 2009, and the time of Ms. Boudrieaus' treatment.

Edward I. Dagher, M.D., is a physician, licensed and practicing that profession in Washington State. He is recognized by his peers as a specialist in physical and rehabilitative medicine. Dr. Dagher examined Ms. Wheeler on January 11, 2011, at the request of the Department. While preparing for that examination, he examined medical records related to Ms. Wheeler, including the Application for Benefits in this claim dated June 27, 2009; chart notes from Dr. Grant Johnson dated June 30, 2009, and July 9, 2009; chart notes from Jeanne Boudrieau dated December 28, 2009, December 30, 2009, January 27, 2009, and March 1, 2010; chart notes from the St. Peters Hospital emergency room dated January 2, 2010; chart notes from Dr. Steven Snow dated April 4, 2010; chart notes from Dr. Andrew Manista dated May 21, 2010; a report of an independent medical examination performed by Dr. James Harris dated April 20, 2010; electrodiagnostic consult notes by Dr. Zachary Abbott dated June 7, 2010; a lumbar MRI dated April 13, 2010; physical therapy notes dated from January 6, 2010, to March 2, 2010; and the application to reopen the claim dated January 28, 2010.

Ms. Wheeler presented complaining of right foot numbness, right knee and hip pain, and low back pain. Dr. Dagher testified his examination did not support any worsening of Ms. Wheeler's

industrially related conditions during the period at issue. He described the many tests he performed, and testified most of those had negative results. However, he did note she limped and wore a knee brace; he found a trigger point on the right side of the gluteus maximus; some decreased sharp sensation in the right foot, but a decrease that did not follow a dermatomal distribution; and redness but no tenderness in the right knee. Dr. Dagher diagnosed Ms. Wheeler with the following conditions: (1) mild unrelated right S-1 radiculitis; (2) right sacrolliac joint dysfunction and chronic strain, probably related; (3) subjective diminished sensation on the right S-1 dermatome; (4) right gluteus maximus myofascial pain, probably related; (5) subjective right foot numbness in a "sock" distribution, unrelated; (6) left heel contusion, resolved; and (7) subjective right ankle stiffness. In addition Dr. Dagher noted perceived right knee weakness and instability, not verified on examination, and he found no evidence of right hip pathology. He summarized his diagnoses of the industrially related conditions as right knee contusion, right ankle sprain, and left ankle/foot contusion, all of which were proximately caused by the industrial injury. According to Dr. Dagher, Ms. Wheeler's industrially related conditions did not worsen between July 17, 2009, and July 6, 2010. In reaching this conclusion, Dr. Dagher testified he considered the inconsistent and subjective nature of the symptoms during the year between claim closure and the order on appeal.

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<u>ANALYSIS</u>

The appealing party has the burden of establishing a prima facie case that the Department order under appeal is incorrect and the appealing party is entitled to the relief sought. RCW 51.52.050. Accordingly, Ms. Wheeler must establish a prima facie case that the Department's July 6, 2010 order is incorrect, and that her conditions proximately caused by the industrial injury worsened, as evidenced in part by objective medical evidence, between July 17, 2009, and July 6, 2010. Ultimately, the claimant is held to strict proof that she is entitled to the benefits she seeks under the industrial insurance laws. Olympia Brewing Co. v. Department of Labor & Indus., 34 Wn.2d 498 (1949).

A claim may be reopened at any time, on application, in order to provide proper and necessary medical treatment for conditions proximately caused by the industrial injury. RCW 51.32.160 (a). In order to reopen the claim there must be an aggravation or worsening of the conditions proximately caused by the industrial injury, which results in increased disability. In re Jean Wassman, BIIA Dec, 69 953 (1986). Increased disability means increased loss of bodily 32 function. Jean Wassman. The loss of function must be shown, in part, by objective medical

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evidence. Grimes v. Lakeside Industries, 78 Wn. App. 554 (1995). The worsening, i.e. the increased loss of function, must occur after the last Department order that closed the claim, or denied an application to reopen the claim, based upon a Department adjudication of claimant's medical condition (referred to as T-1), and the last Department order which denied an application to reopen the claim (referred to as T-2). Moses v. Department of Labor & Indus., 44 Wn,2d 511 (1954); Kamiss v. Department of Labor & Indus., 39 Wn.2d 898 (1952). An unappealed order closing the claim is res judicata as to the extent of a worker's injury at the time the claim is closed. but not as to any subsequent aggravation of that injury. White v. Department of Labor & Indus., 48 Wn.2d 413, 414-15 (1956).

Both medical professionals were hampered by the fact that neither had seen or treated Ms. Wheeler after the industrial injury and before the claim was closed. Neither had first-hand knowledge of her condition at the time of initial claim closure, and each had to rely on the medical records when testifying as to worsening of the conditions caused by the industrial injury. Ms. Boudrieau, however, had seen Ms. Wheeler several times for her industrially related conditions after the claim was closed, and had the opportunity to observe her conditions during the interim between T1 and T2.

The evidence does not clearly identify Ms. Wheeler's medical condition at the time the claim was first closed on July 17, 2009. However, by closing the claim, the Department determined Ms. Wheeler did not need further proper and necessary medical care for her industrially related conditions. RCW 51.36.010. Accordingly, if the medical evidence supports a finding that she needed treatment for those conditions as of July 6, 2010, then she has established a worsening of her conditions within the meaning of the Act.

Dr. Dagher diagnosed Ms. Wheeler's conditions caused by her industrial injury as right sacroiliac joint dysfunction and chronic strain; myofascial pain in the right gluteus maximum; and left heel contusion. Ms. Boudrieau diagnosed the industrially related conditions as ankle and foot pain; ankle and knee spasm; muscle spasm in the right piriformis muscle (hip); low back pain; and derangement of the right knee. Both practitioners diagnosed conditions related to the hip; Dr. Dagher testified as to signs and symptoms in the right gluteus maximus muscle, and Ms. Boudrieau testified as to the right piriformis muscle. Ms. Boudrieau made objective medical findings concerning Ms. Wheeler's lower extremities, including edema or effusion in the patella, patellar laxity, right patella-femoral crepitus, and tightness in the right ilio-tibial band (in the vicinity of the hip). Even Dr. Dagher, despite his denials, testified Ms. Wheeler limped, and he noted a

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trigger point in her right gluteus maximus. Ms. Wheeler needed appropriate medical treatment for these conditions. Ms. Boudrieau diagnosed a knee brace, and Ms. Wheeler obtained a cane and attended physical therapy after claim closure because of these conditions.

Dr. Dagher discounted Ms. Boudrieau's objective findings because they were not consistently present throughout the six months of treatment provided by Ms. Boudrieau. He does not, however, opine that Ms. Boudrieau did not make the objective medical findings about which she testified, and medical conditions such as edema tend to change over time. This is the nature of healing. Under these circumstances, Ms. Boudrieau's testimony is more persuasive than that of Dr. Dagher.

The evidence supports a finding that Ms. Wheeler's conditions proximately caused by her industrial injury temporarily worsened after the claim was closed on July 17, 2009, and before July 6, 2010, when the Department denied the application to reopen the claim. The claim should be reopened for a temporary aggravation of Ms. Wheeler's industrially related conditions.

FINDINGS OF FACT

- 1. The claimant, Barbara L. Wheeler, was injured on June 26, 2009, while in the course of her employment with Pacific Coast Security. The Application for Benefits in Claim No. AK-55755 was filed with the Department on July 2, 2009, and on July 8, 2009, the Department entered an order allowing the claim. The claim was closed by an order of the Department dated July 17, 2009.
 - On February 8, 2010, the claimant filed an application to reopen the claim. The Department issued an order on May 3, 2010, denying the application. The claimant filed Protests and Requests for Reconsideration with the Department on May 27, 2010, and on June 17, 2010, directed to the May 3, 2010 order. On July 6, 2010, the Department entered an order affirming the May 3, 2010 order. The claimant filed an appeal with this Board on July 12, 2010, directed to the order dated July 6, 2010. The appeal was assigned Docket No. 10 14316, and was granted by an order of the Board dated July 21, 2010. These proceedings followed.
- 2. The claimant, Barbara L. Wheeler, was injured on June 26, 2009, when she slipped on some sawdust while on her security rounds at the Simpson Door Plant in McCleary, Washington. That fall proximately caused injuries, including but not limited to, injuries to her right knee and hip.
- 3. On July 17, 2009, the conditions resulting from Ms. Wheeler's June 26, 2009 industrial injury were fixed and stable, had reached maximum medical improvement, and resulted in no permanent partial disability.

- 4. On July 17, 2009, the conditions resulting from Ms. Wheeler's June 26, 2009 industrial injury were not evidenced by medical findings.
- 5. On July 6, 2010, Ms. Wheeler's conditions proximately caused by her June 26, 2009 industrial injury objectively worsened and were in need of further necessary and proper treatment.

CONCLUSIONS OF LAW

- 1. The Board of Industrial Insurance Appeals has jurisdiction over the parties to and the subject matter of this appeal.
- 2. Between July 17, 2009, and July 6, 2010, Barbara L. Wheeler's conditions caused by the industrial injury of June 26, 2009, objectively worsened within the meaning of RCW 51.32.160.
- 3. As a result of the worsening of Ms. Wheeler's industrially related conditions, Barbara L. Wheeler required necessary and proper medical treatment within the meaning of RCW 51.36.010.
- 4. The July 6, 2010 order of the Department of Labor and Industries is incorrect and is reversed. This matter is remanded to the Department with directions to reopen the claim for a temporary aggravation of Ms. Wheeler's industrially related conditions, and to take such other and further action as is necessary and proper under the facts and the law.

DATED: MAR 1 1 2011

Robert H. Raymond, Jr. Industrial Appeals Judge Board of Industrial Insurance Appeals